

# Self Assessment Questions for LIFE Group Leaders

NAME \_\_\_\_\_

DATE \_\_\_\_\_

*Time frame that you are assessing: \_\_ 3 mos., \_\_ 6 mos., \_\_ 1 yr., \_\_ other \_\_\_\_\_*

## GENERAL LIFE GROUP ASSESSMENT

### MYSELF:

What has brought me the greatest joy in leading and shepherding the Group this past period of time?

What has been one of my biggest struggles?

How would I characterize my feelings about leading the group?

A joy \_\_\_\_\_  
A challenge \_\_\_\_\_  
A disappointment \_\_\_\_\_  
A bit stressed out \_\_\_\_\_  
A calling \_\_\_\_\_  
Other \_\_\_\_\_

In what areas of leading & shepherding the Group do I feel that I need some work in the coming months?

Do I feel connected to and supported by COS in my role as a LIFE Group leader? \_\_\_\_\_  
Reasons being:

## **THE GROUP:**

What would be some words that I would use to describe the group as I look back on this past period of time?

Do the members appear to be growing in their relationships to one another? What would be some of the indicators of that, or some concrete examples?

What can I point to that would indicate spiritual growth in the lives of the members?

Who particularly has "stepped up to the plate" in helping with the group this past period of time and what did they do?

As I look back on this past period of time, what was one or more "highlights" in our life as a group? A breakthrough or a big step forward for us?

As I look back on this past period of time, what was one or more "challenges" to our life as a group that threatened to hold us back, or send us backwards?

How did I/we address the challenge, or is it still lingering?

In thinking through the "L" "I" "F" "E" elements of our group, what area needs some special focus on my part in the coming months that will help us continue to move ahead?

Aside from summer effects, is attendance

Growing \_\_\_\_, Staying about the same \_\_\_\_, Decreasing \_\_\_\_? If decreasing, what might be some of the reasons, and is there something I could/should do about it?

### **OTHER ITEMS I MAY WANT TO DISCUSS WITH MY COACH (check off)**

- How do I deal with time management? How do we give consistent time to the Study, personal sharing time, prayer time, without it being forced or rushed?
- Related to the time of prayer, how do we cover prayer requests without that process swallowing up everything else? (e.g., "It's a small study so I want to give time to everyone, but some people share and take up a lot of time. We end up having little time to pray.")
- How do I encourage and create more accountability among the members of the group?
- How do I handle a person who shares information that is much too personal in the group? Specifically after they maybe already put something out there and the group is curious for answers?
- How do I draw someone out who is quiet and uncomfortable in sharing in even a small group setting?
- How can I handle someone who is confrontational without ignoring their question or making them feel unwelcome?
- How do I get people to pray publicly?
- How do I develop a sense of "mission" for our group? An "outreach" and service dimension that goes beyond the members of our group?